



SAFETY, HEALTH AND WELLBEING

Bulletin

DESTINATION ZERO A JOURNEY TO ZERO HARM

Date: **23/10/2017**

Ref: **2017-SBR164 (Part 1 – Look Up)**

Title: **Look Up**, Look Down, Look Around

As we go about our daily business, it is always important to remain aware of your surroundings in order to **anticipate and control hazards** that cross your path. Maintaining situational awareness enables you to understand what is happening around you in terms of where you are, where you are supposed to be, and whether anyone or anything around you poses a risk to your health and safety.



We use our situational awareness to make decisions on a daily basis but this is only as accurate as our own perception or ‘reading’ of that particular situation. How we ‘read’ a situation can be influenced by many things including previous experiences, time pressures or distractions in the workplace.



Actions:

While walking around site, remain aware of your surroundings. Prior to commencing any task, consider how the current surroundings may pose a risk to your health or safety. Consider things that may interfere with how the task is conducted.

Look Up... Is there anything above eye level that you need to make safe or avoid? Do I need to change my position in order to avoid the overhead hazards that are inherent to the process? Can I eliminate the need to work below hazards and find mechanical means of completing the task?



Don't let these obstacles catch you out.



Related documents European Safety Week 2017
Look Up, Look Down, Look Around visual materials

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